

# NAPPI uk Factsheet for: End of Life Care Training of Trainer Course.



## The End of Life Care Training of Trainer Course.

This one-day course teaches the skills required to deliver in-house awareness workshops on End of Life Care. The workshops provide the opportunity to develop an awareness of how to support an individual who is at the end of their life.

Due to the increasing age of service users with learning disabilities and mental health issues, many employees are now supporting individuals who are approaching the end of their life. Without training staff often feel inadequate, fearful and are unable to support the service user or their family members at this time of great need.

### Aim of this course:

Is to improve your training techniques and confidence when delivering interactive training to your staff. You will be taught the knowledge and presentation skills required in order to deliver a 3 hour long End of Life Care awareness workshop.

### Method of training:

A variety of presentation skills including demonstrations, discussions and group work. Performance objectives are established and checked after each module. Participant's performance is monitored and certificates issued that identify the modules successfully completed.

### This course includes:

- Training materials for 20 participants (additional materials available to purchase).
- Access to the online trainer support system.
- Auditing and certification of the workshops you deliver.
- Your trainer certification lasts for 2 years (after which point you will need to re-certify).
- Telephone support.

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### End of Life Care Training of Trainer Course outline.

During this course you will be taught the facilitation skills required to deliver a 3 hour End of Life Care workshop that covers the following modules:

- Introduction and Needs Assessment
- Definition & Statistics
- Terminology
- Communication
- The Gold Standard Framework
- Grief and loss
- Supporting others

### The trainer facilitation skills will cover:

- Discuss and learn new presentation skills
- Personal introduction (demonstration)
- Present Personal introductions
- Charting skills
- Common barriers to learning
- Developing a working alliance with participants
- Types of assessment
- Giving feedback
- Administration Procedures
- Reflection and feedback

### Important points to remember:

- This one day course will start promptly at 9.00 am and finish at 5.00 pm. Please allow ample time to get to the venue and find parking (if necessary).
- There will be 2 x 15 minute comfort breaks, one in the morning and one in the afternoon. Tea, coffee and biscuits will be available during these breaks.
- There will be a 45 minute lunch break at a time decided upon by the trainer.